



AUBREY NORONHA

SAFE SCHOOLS MENTAL HEALTH ANTIRACISM SPEAKER

Helping give youth, educators and professionals hope for a safer community.



350+ BOOKINGS

The [#MakeHopeViralTour](#) has exploded beyond my wildest dreams as I have now booked over **350 speaking engagements in the last 12 months!** I've partnered up with many school boards across Ontario including the Toronto District School Board as well as Nova Scotia! Opportunities to speak to government leaders, staff teams within municipalities and other provinces are building too! LET'S GO CANADA WIDE!

COMMUNITY ENGAGEMENT AWARD



In December I had the honour of being the recipient of the 2021 Town of Ajax Diversity & Community Engagement Award which included a certificate from the House of Commons and Legislative Assembly of Ontario. I do this to inspire hearts and minds but I'm grateful for this prestigious award and to the kind souls who nominated me.

THE HOPE COMMERCIAL



Although I'm very busy, I want to serve more communities in more places with the *"Battling Loneliness & Isolation Before, During, and After Covid 19"* talk so I went out on the porch and made a 30 second commercial. [Please share the link with whoever you see fit](#) and let's get more hope into homes.

RECENT REVIEWS

★★★★★ **Brought tears to my eyes**

WOW! What an amazing session. You brought tears to my eyes because you spoke to me...you spoke to my soul and my heart. I've heard many sessions about covid fatigue, covid loneliness, etc. , but you took it a different way, you made me think, and made me feel with hope and encouragement. Thank you!

- Employee, Workplace Safety Prevention Services

★★★★★ **Life changing**

I feel like I understand the true definition of racism a lot more now after today. This was honestly a life changing presentation and I feel like putting what I've learned into action to help change the world for the better.

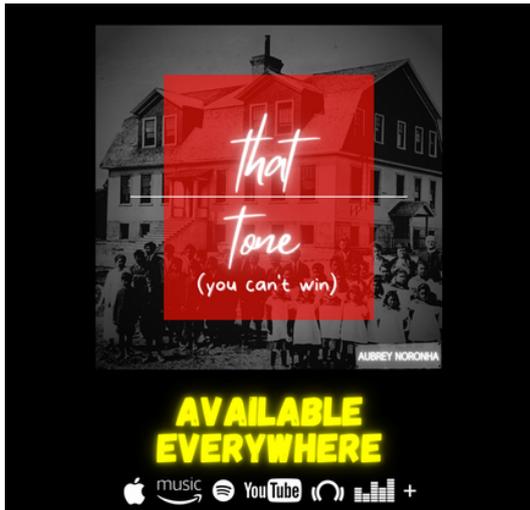
- A.D. (High School Student) Marshall McLuhan C.S.S. (TCDSB)

★★★★★ **He knew how everyone is feeling**

His presentation was genuinely a masterpiece. I loved how he knew how everyone is feeling and found appropriate and simple ways for not only children to adapt, but for adults as well. The way he was talking was very inspirational and really made others persevere. I love how he always used "we" as a pronoun which just proves that everyone is in this together. What a wonderful man.

- Teacher, E.B. Phin PS (DDSB)

FRESH + STILL FRESH MUSIC

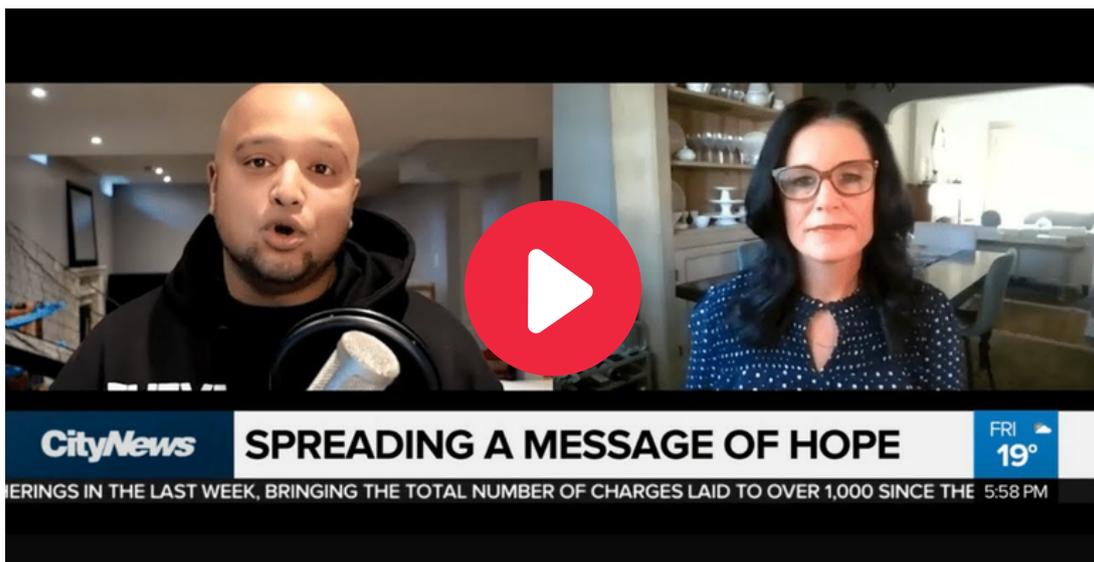


My new song "[That Tone \(You Can't Win\)](#)" was just released everywhere. In the midst of hope there needs to be time and space for lamentation and critical feedback. This song is that and was made in honour and love for our Indigenous and Black brothers and sisters.

As the pandemic continues so does the relevancy of the phrase "We will get through this". Please enjoy "[Go The Distance \(Almost Out the Woods Remix\)](#)" everywhere or click on the picture to [watch the music video](#) for free.



CITY NEWS INTERVIEW



Recently I had the absolute pleasure of being [interviewed](#) by Toronto's City News anchor Audra Brown to discuss the COVID-19 response anthem "Go The Distance" and how it has been an encouragement to professionals, school communities, and families in the midst of the ongoing COVID19 pandemic.

STORE



At last the helloHope.ca/store has officially launched with LOTS OF new apparel for all sizes including the DFTP (Disturber FOR The Peace), "Be Kind to Kids" and "Undisputed Dignity" t-shirts and hoodies. Buy one or give one today! 90% of all sales go to a female owned / black owned business.

GOOD READS

- "The Village Effect: How Face-to-Face Contact Can Make Us Healthier and Happier" by Susan Pinker
- "We Want To Do More Than Survive: Abolitionist Teaching and the Pursuit of Educational Freedom" by Dr. Bettina L. Love
- "Glory's Hair" by Sean Thomas (Canadian Author)



HOPE QUOTE

"The colourblindness ideal is premised on the notion that we, as a society, can never be trusted to see race and treat each other fairly or with genuine compassion. A commitment to colour consciousness, by contrast, places faith in our capacity as humans to show care and concern for others, even as we are fully cognizant of race and possible racial differences."

- Michelle Alexander, *The New Jim Crow*

90% of my speaking engagements (From K-12, Educators, Parents, Corporate, and Government officials) have been for my talk ["Colour Blind? Why Being 'Not Racist' Is Not Enough Anymore"](#). I am grateful to follow the lead of heroes like Michelle Alexander who are willing to help those of us who are not typically racialized see what's wrong and equip us to make things right one thought, action, and day at a time.

PROGRAMS FOR 2022



**VIRTUAL + IN-PERSON
AVAILABLE**

CLICK HERE FOR INFO PACKAGE

"HELLO HOPE: BATTLING LONELINESS + ISOLATION BEFORE, DURING AND AFTER COVID19 (1.0 AND 2.0)"

(Gr. 4-8, 9-10, 11-12, Staff PD, Parent, Team, and Corporate versions)

"COLOUR BLIND? WHY BEING 'NOT RACIST' IS NOT ENOUGH ANYMORE (1.0 AND 2.0)"

(Gr. 1-3, 4-6, 7-8, 9-10, 11-12, Staff PD, Parent, Team, and Corporate versions)

"GIRL UP: WHY THE WORLD NEEDS YOU TO THINK, FIGHT, AND FLY LIKE A GIRL"

(Gr. 6-8 / 9-10 / 11-12 / Team / Group Versions)

"MAN UP: BEING A REAL MAN IN UNREAL TIMES"

(Gr. 6-8 / 9-10 / 11-12 / Team / Group Versions)

Thats it y'all...back to work I go. If you'd like to be a "Hope-Full" please continue to spread the word about hellohope.ca by sharing this update or my website with any educators, parents, coaches, and professionals in your world and let's continue to make hope viral together.

Big love and respect



AUBREY NORONHA

Founder · Speaker

e: aubrey@hellohope.ca

ig/t: [@aubreynoronha](https://www.instagram.com/aubreynoronha) | www.hellohope.ca

